



JOSHUA L. SINK

REGISTERED NURSE

Experienced and compassionate Registered Nurse with 14 years of experience delivering high-quality care to patients in the behavioral health setting. Driven to achieve optimal care for one of the most vulnerable patient populations, through focused attention and care, high standards of practice, and leadership. Extensive background in patient care through various settings, including hospitals, prisons, and both inpatient and outpatient behavioral facilities. Cared for patients experiencing acute behavioral crises, substance abuse disorder, suicidal thoughts and ideations, schizophrenia and bipolar disorder, and an array of other behavioral and psychiatric conditions. Employed leadership skills through supervisory and managerial roles, guiding nursing teams toward achieving optimal patient care whilst adhering to all applicable standards of practice, policies, and procedures.

✉ jlsink.rn@gmail.com

☎ (928) 713-2245

📍 Oro Valley, AZ

🔧 HONORS/AWARDS

delta epsilon tau- honors society

spartan delta lifetime achievement

🌐 LICENSES/CERTIFICATIONS

Registered Nurse- Arizona (2011)

American Heart Association- CPR Certified

📅 EXPERIENCE

- FEB 2023 - PRESENT**

REGISTERED NURSE
Palo Verde Behavioral Health. Tucson, AZ

 - Managed and oversaw patient care to adolescent and adult patients within the psychiatric unit.
 - Provided thorough, timely and accurate documentation of all pertinent data, therapeutic interventions and patient responses including assessment, care plan, patient goals and interventions according to established standards for the care of the behavioral health care patient.
 - Coordinated daily behavioral health plan of care.
 - Advocated for and implemented measures to insure the comfort and well-being of the patients' s medical, social, and emotional needs in the behavioral health setting.
 - Provided patient and family education regarding behavioral, psychiatric, and medical needs from time of entry into the health care setting to disposition to next continuum of care.
 - Safely administered medication in accordance with provider orders, protocols, and policies and monitoring effectiveness with a strong knowledge of the psychotropic drug class.
 - Collaborated with a multi-disciplinary team regarding care and disposition specific to the patient's behavioral, psychiatric, and medical needs.
 - Delegated tasks as appropriate to Behavioral Health Technicians and other members of the behavioral, psychiatric, and medical health care teams.
 - Maintained a safe behavioral health environment.
 - Maintained a safe behavioral health milieu.
 - Provided direct therapeutic interaction and participation with behavioral health patients and their families.
 - Provided patient care based on standards of practice, procedures, and policies of the health system.
- MAR 2022 - NOV 2022**

HOUSE/WEEKEND SUPERVISOR- REGISTERED NURSE
Copper Health Oro Valley. Oro Valley, AZ

 - Lead, motivated, and inspired a team of Registered Nurses and other healthcare professionals.
 - Ensured that patient care was in accordance with healthcare regulations and best practices.
 - Handled multiple tasks simultaneously in a fast-paced environment.
 - Provided oversight of daily operations of a patient care unit.
 - Collaborated with physicians, clinical staff, and other healthcare team members to ensure optimal patient care.
 - Monitored patient progress and adjusted care plans as needed.
 - Monitored staff performance and provided coaching and/or disciplinary action as needed.
 - Ensured that all patient records were updated and maintained accurately.
 - Maintained open communication with staff and patients.
 - Oversaw the implementation of new policies and procedures.
 - Provided direct patient care and supervised care rendered by other nurses and providers.
- JAN 2022 - MAR 2022**

REGISTERED NURSE, BEHAVIORAL HEALTH
Buena Vista Recovery. Tucson, AZ
- JUL 2021 - JAN 2022**

REGISTERED NURSE
AB Staffing Solutions (State Prison). Gilbert, AZ
- APR 2020 - JAN 2021**

NURSE MANAGER
Royal Life Centers. Prescott, AZ
- AUG 2016 - APR 2020**

REGISTERED NURSE
Supplemental Health Care. Cottonwood Heights, UT
- NOV 2012 - AUG 2016**

CLINICAL EDUCATION, REGISTERED NURSE
Arizona Detox Center. Prescott, AZ
- OCT 2011 - OCT 2012**

REGISTERED NURSE (PROGRESSIVE CARE UNIT)
Cape Fear Valley Medical Center. Fayetteville, NC

📖 EDUCATION

- 2021 -**

PRE-RABBINIC TRAINING
Jewish Spiritual Leaders Institute . New York, New York
- 2020 -**

BACHELOR OF SCIENCE- NURSING SCIENCE
Aspen University. Denver, CO
- 2010 -**

ASSOCIATE OF APPLIED SCIENCE- NURSING
Yavapai College. Prescott, AZ